

# Make your own Galapagos-style bottle cap doll!

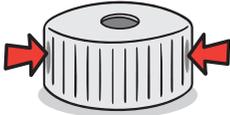


## Materials

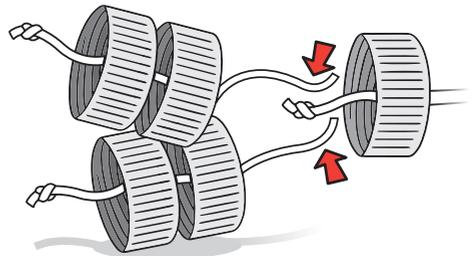
11 small and 1 larger plastic bottle caps, thick paper, string, glue (hot glue if you have it), something sharp (e.g. small nail or compass), matches and candle, blunt pencil, scissors, ruler.

**Take care! Please note that children should be supervised.**

## Instructions

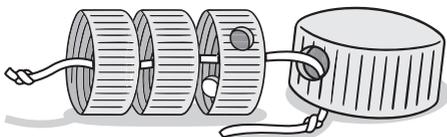
- 1 Light the candle with a match and heat the sharp object point for about 30 seconds.
- 2 Carefully drive the sharp object into the centre of each small bottle cap to make a hole. Use blunt pencil to make the hole bigger. You will need to reheat the sharp object after 2-3 caps.
- 3 Puncture one of the small bottle caps once on each side to make the shoulders (so you can thread string through for the arms). 
- 4 Puncture one hole on each side of the larger bottle cap (the head) making sure the holes line up.
- 5 Cut a 15cm piece of string and tie a knot in one end leaving a bit of string loose. Thread 2 bottle caps through the string, then the 'shoulder' bottle cap, then the head bottle cap. Tie a knot in the other end of the string securing the caps - leave some string loose. This is the body of the doll.

- 6 Tie a knot in one end of another 15cm piece of string. Thread through 2 bottle caps.
- 7 Thread the free end of the string through the 'shoulder' bottle cap and then thread on 2 more bottle caps to complete the arms – knot the string tight and cut off excess string.
- 8 Repeat step 6 twice to make 2 legs. Tie the loose bits of string to the string hanging from the bottom of the body of the doll to make your legs.



- 9 Use the glue to secure the knots on the doll's arms and legs (optional).
- 10 Use two googly eyes if you have them or cut out eyes using paper. Cut out a paper mouth. Glue them all to the doll's head.
- 11 Using string or anything from your recycling box, cut hair for the doll and use glue to stick this on.

Use the extra string at the top of the head to hang your doll up – perhaps as a Christmas tree decoration? **Help us raise awareness by sending us a photo at [gct@gct.org](mailto:gct@gct.org) or share with us via social media using [#bottlecapdoll](https://www.instagram.com/bottlecapdoll)**



# Meet Tapín the bottle cap doll!

Tapín was designed by 17 year old Jessica Duchi Chalen as the mascot of the 'Going back to a plastic-free ocean' campaign in San Cristobal island, Galapagos. She is a member of the GECO youth club who encourage sustainable living through grass-roots, youth-led artistic campaigns. Bottle cap dolls are given out to shops, restaurants and taxis to remind people to use less disposable plastic e.g. single use plastic bags.



Our everyday decisions affect the environment we live in. Encouraging environmentally-conscious behaviour amongst both locals and tourists will be central to achieving our goal of a plastic-free Galapagos.

## Help us create a plastic-free Galapagos today.

Find out more: [galapagosconservation.org.uk](http://galapagosconservation.org.uk)  [galapagosconservationtrust](https://www.instagram.com/galapagosconservationtrust)



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